



# VALLEY OF GRACE

Addiction Recovery

## Men's Campus Packet

Revised January 2022

### Men's Campus and Admin Offices

5254 N 500 E  
Kokomo, IN 46901  
(765)776-9899

Recover.Regenerate.Restore



## From the Executive Director

Dear Friend,

Thank you for your interest in the Valley of Grace Addiction Recovery Program. Since 2017, Valley of Grace has partnered with Home of Grace to become a model organization of the Home of Grace. From 2017-2022, Valley of Grace has been an outreach ministry and in February 2022, doors to the new home site of Valley of Grace were opened to offer hope and freedom from addiction.

Located on the Plains of Indiana, the Valley of Grace offers a faith-based recovery program with an established history of success. Our dedicated staff strives to meet the needs of the whole person (spiritual, emotional, and physical). This is accomplished through instructional classes, education, individual and group counseling, life-skills training, chapel services, a work program and more.

If you have questions, our Admissions Office will be happy to assist you during office hours Monday through Friday from 8:00 AM until 4:00 PM.

Sincerely,

**Joey Bennett**

Executive Director



## General Program Overview

Established in 2017, the Valley of Grace Addiction Recovery Program is dedicated to helping individuals find freedom from addiction through a personal relationship with Jesus Christ.

The entire program addresses the spiritual, emotional and physical aspects of recovery. Hope is restored, lives are changed, careers saved and families reconciled. We rejoice with the admission of every man entering this program because we recognize the opportunity to end the tragic cycle of addiction.

A dedicated team of teachers, counselors, ministers, office personnel and volunteers take seriously their commitment to love, serve and guide men through this program. This is accomplished through in-depth Bible-based and educational curriculum, individual and group counseling, devotions, work program, recreational and physical fitness activities.

The Valley of Grace is a 501(c)3 non-profit organization, governed by a Board of Directors.

### Our Mission

Offering freedom from addiction through Christ-centered recovery.

### Our Vision

To be successful in recovery by introducing Jesus Christ as the catalyst for Hope, Healing, and Quality of Life.



## Statement of Faith

- We hold the Bible to be the divinely inspired, infallible and authoritative Word of God.
- We believe in one true God, existing in three persons: Father, Son and Holy Spirit.
- We believe in the deity of Jesus Christ, in His virgin birth, in His sinless life, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, and in His imminent, personal return in power and glory.
- We hold that man was created in the image of God, holy and innocent in his original form; that of his own choice, has sinned, and, as a result, brought death, corruption and divine condemnation upon all humanity. Man, by his own work or merit, is incapable of satisfying the judgment of God. Those who are not redeemed by Jesus Christ are eternally separated from God.
- We hold that we are saved by grace through faith, apart from works, that the sinner who repents and personally accepts that finished work of Christ—and Christ alone—becomes a child of God, is made a new creature, and is indwelt by the Holy Spirit.
- We believe God wonderfully and immutably created each person as either biologically male or female, and through His perfect design, has so instituted the sexual and intimate union of these two sexes exclusively and monogamously within the covenant of marriage.



# Medical Policy

## Medical Criteria

- ✓ **A COVID-19 Rapid Test must be administered at the time of intake**
- ✓ The Valley of Grace is **not** a medical facility and cannot provide medically supervised detoxification.
- ✓ Client must be physically detoxed and able to participate in required daily activities prior to enrollment. Those unable to participate in daily activities **will be dismissed**.
- ✓ Client must disclose any physical, emotional, mental, or health condition that might restrict or limit their participation in the recovery program. **Failure to do so may result in dismissal.**
- ✓ A nearby medical clinic is available to assist clients with minor ailments during the program.
- ✓ Client is responsible for costs of any off-campus emergency medical, dental or transportation cost.
- ✓ Out of state Medicaid is not accepted for medical appointments or prescription refills. Prior arrangements should be made before entering the program to provide these services.

## Approved Medications

**All medications must be pre-approved through the Admissions Department prior to check-in and turned in upon arrival. Prior arrangements for a 90-day supply of prescription refills should be made before entering the program. All OTC medication needs to be new and in sealed packaging. Client is responsible for the cost of all new prescriptions, refills, and any needed OTC medications:**

- ✓ **Pain Reliever** - Tylenol, Naproxen, Motrin, Ibuprofen, Aleve
- ✓ **Stomach Medication** - Prilosec OTC, Nexium, Prevacid, Tums, Roloids, Pepto Bismol, Imodium
- ✓ **Cold, Cough or Sinus Medication** - Claritin, Chlortabs, Tylenol Cold & Sinus (all non- drowsy), Alka Seltzer Plus Cold Daytime, Mucinex, Alcohol Free Cough Syrup, Tussin CF, Cough Drops

## Prohibited Medications

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|---|---|
| <ul style="list-style-type: none"> <li>X <b>Antidepressants</b></li> <li>X <b>Antihistamines or decongestants</b> (medicines ending with “D” or “DM”)</li> <li>X <b>Barbiturates</b></li> <li>X <b>Natural / herbal remedies</b></li> <li>X <b>Narcotics</b></li> </ul> | <ul style="list-style-type: none"> <li>X <b>Opiate blockers</b></li> <li>X <b>Sleep-aids</b></li> <li>X <b>Mood altering or psychotropic</b></li> <li>X <b>Any other potentially addictive medications</b></li> </ul> |
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## Important Policies and Guidelines

### Postpone ALL Legal and Medical Obligations

Prior to enrollment, it is the responsibility of the client to have all legal and medical appointments postponed until completion of the three-month program. **Failure to do so may result in dismissal.**

### Daily Schedule

#### Monday – Friday

Devotions, Scheduled Classes (Bible, Educational, Personal Enrichment, Life Skills and Career Planning), Work Detail, Individual and Group Counseling, Recreational Activities and Evening Chapel Service.

#### Saturday

Recreation, Evening Chapel Service, Personal Enrichment Classes.

#### Sunday

Morning and Evening Chapel Service.

### Recreational Activities

Basketball, volleyball, corn hole, exercise equipment, pool table, ping pong table

**Clients are expected to comply with all program rules, procedures and participate in daily schedule of activities, including the work program, which involves the maintenance of buildings and grounds, etc.**

### Client Code Number

Every client is assigned a Client Code Number for their privacy and protection. It is the responsibility of the client to notify others of their code number.

### Phone Calls and Communication

Clients are encouraged to send and receive letters. During the first 6 weeks of the program, all phone calls are at the discretion of the counselor. During weeks 7-12, clients will be given one 15 minute phone call per week. Clients cannot receive phone calls, faxes or emails. Clients are not allowed to have cell phones under any circumstances.

### Family Visitation

**Due to COVID-19, visitors are not permitted on campus. Until further notice, visitations will be conducted virtually for clients in week 6.**



## Mail and Packages

Incoming and outgoing mail will be monitored. Letters from family are encouraged. Clients in week 4 and week 8 may receive one package no larger than 20" x 11" and must be delivered directly from Walmart or Amazon. All other packages mailed to clients will be rejected or donated. Please read the *Items to Bring* section to adequately prepare for the three-month stay. **Dropped off items are strictly prohibited.**

## Tobacco Policy

Although clients are strongly encouraged to quit smoking and dipping, limited smoking, smokeless tobacco (pouches only) are allowed in **designated areas only**. Nicotine patches and gum are encouraged.

## Scheduled Intake

**COVID-19 intake guidelines: Only one person may accompany the incoming client. Both the client and the person accompanying them must be pre-screened for symptoms and must wear masks when they enter the building.**

Once a date is scheduled for enrollment, we request that you arrive **at the scheduled time**. Please notify us as soon as possible if you will be late, absent, or need to reschedule. If you simply don't show up, you may be preventing another person from getting enrolled in the program. Animals are not allowed during intake. It is not recommended to bring children during this intake process. Persons bringing you into the program should be prepared to stay during the entire intake process which may take 30 to 45 minutes. **Rescheduling an intake will require a non-refundable deposit of \$300 before booking.**

## Program Fee

The program fee is \$3,000 for the three-month residential program. Donations and other resources enable us to offer this program for significantly less than the actual cost. Full payment is required **at the time of intake**. **There is no refund offered for the client not finishing the program.**



## Items to Bring

**Items brought at intake should be kept minimal and must fit securely inside (1) 120-quart container and (1) suitcase no larger than 26" measured diagonally (corner to corner).** Larger items such as a guitar must be approved prior to intake. We reserve the right to randomly search all items at any point. Clients share a living space and are provided a storage area. Living quarters are equipped with a small refrigerator, microwave and coffee maker. Vending and laundry machines are available on campus. Mailed packages are strictly prohibited.

### Identification Documents

Picture ID or Driver's License, Social Security Card, Insurance or Medicaid Card

### Linens

Twin size sheets, blanket, pillow, towels, washcloths.

### Funds Needed

Clients are responsible for managing their own funds. The Valley of Grace office cannot cash checks. It is recommended that clients have cash on hand for the following:

- Cash/Quarters/Credit Card for vending (about \$30)
- Debit, credit or prepaid cards (we suggest an AMEX Green Card which can be reloaded at Dollar General without fee)
- OTC and Prescription Medication funds

### Suggested Personal Items

Snacks, drinks, coffee (sugar / creamer), OTC medications, shampoo, soap, toothpaste, mouthwash (alcohol free), hairspray (non-aerosol and alcohol-free ONLY), alarm clock (no radio), clothes hangers, laundry detergent, stamps and envelopes, wrist-watch, cartridge razors or electric clippers, mattress pad or cover.

### Classroom Supplies

Bible, backpack or bookbag, pens (in a sealed package), notebook, three-prong pocket folder, and index cards.

### Clothing

All clothes are to be men's clothes. Men are required to wear shirts with sleeves from 7am to 4:30pm. While in all buildings, shirts with sleeves (short or long) are required. Hats are not to be worn inside. Men are encouraged to bring shoes, boots for working, work clothes, dress clothes, and activewear. **Rain/Muck boots are highly encouraged.** Clothing cannot have any reference to alcohol, drugs, gambling, or profanity.

### Optional Items

Snacks, clip-on reading lamp, mattress pad, bedside rug, umbrella, hair dryer, etc.

**The Valley of Grace is not responsible for lost, damaged or abandoned items.**





## Prohibited Items

- X Drugs, alcohol, non-approved medication
- X Any items with broken seals
- X Anything containing alcohol: mouthwash, cologne, etc.
- X Aerosol items: hair spray, canned whip cream, etc.
- X Pocket knife or any item that could be considered a weapon
- X Cell Phone, Camera, Computer, iPod or Radio
- X Non-approved books, videos, magazines, music or curriculum from other treatment programs.
- X No facial or body jewelry allowed. Please remove before intake.
- X No cross-gender clothing or reference to alcohol, gambling, tobacco or profanity
- X No rolling papers or smokeless/loose tobacco in any form other than pouches
- X No loose powder of any kind
- X No energy drinks, diet aids, supplements, herbal tea or powdered drink mixes
- X No personal vehicles
- X No pets
- X No hot plates, toasters, crock pots, cookers, or candles, etc
- X No standard playing cards
- X No open boxes of stationery
- X No unsealed food, drinks or medications

The Valley of Grace strives to protect all clients from negative influences. Therefore, staff reserves the right to make discretionary decisions concerning peculiar clothing, hair style or color, etc.

It is imperative that prohibited items are not brought on campus as they are harmful to the individual who brings them as well as to others in the program. Violators are subject to **immediate dismissal**.

## Agreement

I have fully read and understand all policies, requirements and restrictions outlined in this packet, and I accept that failure to comply will result in immediate dismissal without refund.

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Signature

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Print Name

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Date

**Bring this signed document with you at intake**